

## Tomasz Paweł Tchórz

The author is a UEFA A and UEFA A Elite Youth football coach. He has gained coaching experience so far in Portugal, Holland, Lithuania and India. Currently he is employed by Mohun Bagan A.C. (I-League, India) as an assistant coach. He spent many years working in the same position at Wisła Płock S.A. (Ekstraklasa, Poland) and FK Trakai (A Lyga, Lithuania). He worked with the under-14 teams at the Wisła Kraków football academy and at CF Belenenses (Lisbon), and he also worked with the under-10 and under-12 teams at Legia Warszawa's football academy. He has a prestigious postgraduate Master of Business Administration (MBA) – Sports Management degree from the Maastricht School of Management. He is the co-author of two other books on similar topics: *Periodyzacja Taktyczna – Logika z innego świata* (Tactical Periodization – Logic from another world) and *Dorastanie w grze – wszechstronny rozwój zawodnika* (Growing in the game – overall development of the player).



Similarly to what happened to John, the main character in Aldous Huxley's Brave New World, society attempts to lock a young football player away in a reserve, one that looks like an individual training laboratory. In order to boast about how much money it is getting from selling its product, team sport is transforming into an individual sport. And just as London didn't manage to remind John of the marvellous world he got to know in isolation, a football pitch full of hostile enemies in no way resembles the reserve, where you weave between colourful markers. In the individual training reserve, one cannot break through one's limits. Football training requires not training that is separated from the game's character, but individual treatment and respect for the person who is learning. Football players need leadership, trust and constant presence. Unfortunately, those who take care of them still prefer to adopt the rhetoric of setting out rules, laws and regulations, proudly proclaiming that their duty is done. The greatest threat we face is not that we set ourselves unrealistic goals and fail, but that we aim too low and succeed. This book presents the author's own Idea of The Game as a proposal for solving the issue of football training at a time of increasing globalisation when it comes to socio-cultural matters. Bearing in mind the team-based nature of the activity, it presents a proposal using holistic education through sport to respect individual diversity. The author sets as a main target – for both himself and his readers – the ability to produce a kind of football player that would represent a response to the direction in which culture is evolving in the 21st century.

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